

# YOU CAN HELP SAVE DEMOCRACY



**Use the 5 Calls App** Easily contact your Senators & Reps on issues you care about.

[5calls.org](https://5calls.org)

**Take Small Actions** Follow Chop Wood, Carry Water for good news & to dos.

[substrack.com/@jesscraven101](https://substrack.com/@jesscraven101)

**Buy Wisely** Make informed purchases using the Goods Unite Us app.

[goodsuniteus.com](https://goodsuniteus.com)

**Join a Group** Find your local Indivisible group to increase your impact.

[indivisible.org/groups](https://indivisible.org/groups)

**Protest** Find protests and rallies happening near you and show up.

[mobilize.us](https://mobilize.us)

**Create Visibility** Prominently display signs to wake people up.

[visibilitybrigade.com](https://visibilitybrigade.com)

History shows when 3.5% of the population engages, tyranny can be defeated.  
We need every one of you to plug in!